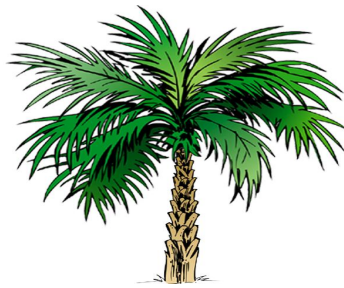


# Mocha News

August 2011

A person who has never owned a dog has missed a wonderful part of life.

- Wireless Internet access



# Mocha Cabana

Coffee lounge & Wine bar

"not far away, just far enough"

## Entertainment

Friday August 19<sup>th</sup> 6pm . 9pm

### Dale Ketcheson

Classical & Jazz Guitar

Dale's new CD will be available for purchase.

[www.uleth.ca/music-conservatory/dale-ketcheson](http://www.uleth.ca/music-conservatory/dale-ketcheson)

Saturday August 20<sup>th</sup> 7pm -10pm

### Karen Romachuk

Acoustic, Folk, Roots Music

CD will be available for purchase.

<http://www.myspace.com/karenromachuk>

Friday August 26<sup>th</sup> 6-9pm

Saturday August 27<sup>th</sup> 7-10pm

### Herb Hicks Jazz Quartet



September 2<sup>nd</sup> 6pm . 9pm

### Herky Cutler

Come in for some fun. Herky will have you singing and playing along with him.

September 3<sup>rd</sup> 7pm . 10pm

### O'Reely

Rollicking Celtic music



September 9<sup>th</sup> 6pm . 9pm

September 10<sup>th</sup> 7pm . 10pm

### Dale Ketcheson

Classical & Jazz Guitar

## Friday & Saturday Evenings

5pm – 9pm

### Enjoy the Fresh Bounty of Alberta

We invite you to dine with us Friday and Saturday evenings to enjoy expertly prepared fresh local ingredients. Our Chefs and Culinary Students are taking turns developing and preparing unique and delicious three course menus.

Here's the line-up:

August 19<sup>th</sup> & 20<sup>th</sup>

### Associate Chef Katie Overbeek

Challenge ingredients:

Brook Pork Acres Pork

Fairwinds Farm Goat Cheese

August 26<sup>th</sup> & 27<sup>th</sup>

### Sous Chef Lesley Comeau

Challenge ingredients:

Driview Farms Lamb

Broxburn Tomatoes

September 2<sup>nd</sup> & 3<sup>rd</sup>

### Executive Chef Marc Gedrasik

Challenge ingredients:

Benchmark AAA Angus Beef

New Rockport Farm Beets

September 9<sup>th</sup> & 10<sup>th</sup>

### Apprentice Chef Anthony Novak

Challenge ingredients:

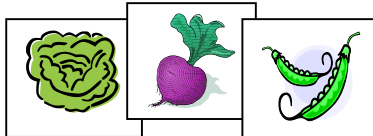
Free Range Turkey

Farmer's Market Pumpkins

## MEATLESS MONDAYS

Go veggie for a day.

Regular menu is also available.



## Kids Eat Free on Tuesdays 4pm – 8pm

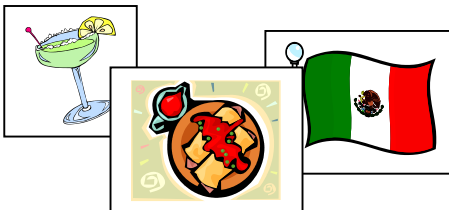
1 complimentary meal from the Kid's

Menu for each adult meal purchased.

## Fiesta Thursday

Mexican inspired cuisine.

Shaken Margaritas \$4.50



## Monthly Wine Tasting

Monday Sept. 12<sup>th</sup> 7pm-8pm  
Wines to pair with spicy foods  
and BBQ

Hosted by  
**Kyle Baines**  
**Andrew Hilton**  
Wine & Spirits

\$20.00 per person

Tickets include wine samples  
and appetizer buffet

Wine tastings are the first  
non-holiday Monday  
of every month.

Reservations Recommended

## Only 4 1/2 Months to Christmas...Oh my! Have you booked your staff Christmas Party?

- The restaurant is available for large or small groups.
- For full dinner parties or cocktail receptions
- We offer both plated and buffet dinners.
- We can also cater a hors d'œuvre buffet to your business or home.

For more details talk to  
Karen or

Executive Chef Marc

(403) 329-6243

Or email [mochacabana@shawbiz.ca](mailto:mochacabana@shawbiz.ca)



**Join our Facebook Group**

facebook.com/mocha.cabana1



Our Friends on Facebook are the first to hear about entertainment, dining features and special events. You can ask questions, post comments, enter our contests and receive discount offers.

Disclaimer: We are not responsible for hunger pangs, drooling and food cravings resulting from viewing the photos of our Chefsfantastic food.

**Now you can follow our entertainment, dining features and events on Twitter!**  
tweet tweet

twitter



**MURPHY'S LAWS ON WORK**

Don't be irreplaceable, if you can't be replaced, you can't be promoted.

You can go anywhere you want if you look serious and carry a clipboard.

Eat one live toad the first thing in the morning and nothing worse will happen to you the rest of the day.

When the bosses talk about improving productivity, they are never talking about themselves.

There will always be beer cans rolling on the floor of your car when the boss asks for a ride home from the office.

Mother said there would be days like this, but she never said there would be so many.

Never delay the ending of a meeting or the beginning of a cocktail hour.

To err is human; to forgive is not company policy.

The last person that quit or was fired will be the one held responsible for everything that goes wrong - until the next person quits or is fired.

No one gets sick on Wednesdays.



**J a z z B B Q**  
**Sunday, August 28**  
**2pm - 5pm**  
**Live on the patio**  
**(weather permitting)**

Chef Marc will be barbecuing up some burgers & steaks while some wonderful local Jazz artists will sizzle things up with some great music.



The Lethbridge Jazz Society  
<http://lethbridgejazz.com/>

**We're open every day**

Mon - Thur 7 am - 9 pm  
Friday 7 am - 10 pm  
Saturday 8 am - 10 pm  
Sun & Holiday 9 am - 4 pm

Join the Mocha Page on Facebook and stay connected

Visit our website for events, entertainment and our menu  
[www.mochacabana.ca](http://www.mochacabana.ca)

**The markets are down, then up, down some more, up again...  
What is going on? Have you heard from your financial advisor?**



***DON'T DELAY, GET A SECOND OPINION NOW!***

Lynn Pearson & Karen Ohno Wealth Advisors

lynn\_pearson@scotiamcleod.com karen\_ohno@scotiamcleod.com  
(403) 317-4836 (403) 317-4840

319 - 4<sup>th</sup> Street South, Lethbridge, AB "right next door"

*We help our clients achieve peace of mind by providing trusted advice and personalized solutions to meet their financial goals.*

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Daily SuDoku: Mon 15-Aug-2011 hard



**Mocha cabana**

Coffee lounge & Wine bar

**"not far away, just far enough"**

317 4<sup>th</sup> St. S.

Lethbridge, AB T1J 1Z9

Phone: (403) 329-6243

email: [mochacabana@shawbiz.ca](mailto:mochacabana@shawbiz.ca)

**Enter to Win**  
**\$50 Mocha Gift Card**  
**Check the "Coffee News" now**  
**available weekly at Mocha**