

# Mocha News

## October 2011



# Mocha Cabana

Coffee lounge & Wine bar

Whoever used the phrase 'Easy as taking candy from a baby' has obviously never tried taking candy from a baby.

- Wireless Internet access

"not far away, just far enough"

### Entertainment

Friday, Sept. 30<sup>th</sup> 6pm . 9pm

#### **Kevin Tolley**

Folk music

Saturday, Oct. 1<sup>st</sup> 6pm . 9pm

#### **Riviera Paradise Blues Trio**

Blues

Friday, Oct. 7<sup>th</sup> 6pm . 9pm

#### **Kelly Tschritter**

Folk singer & songwriter

[www.myspace.com/officialkellytschritter](http://www.myspace.com/officialkellytschritter)

Saturday, Oct. 8<sup>th</sup> 6pm . 9pm

#### **Karen Romanchuk**

Country Singer & Song Writer

[www.myspace.com/karenromanchuk](http://www.myspace.com/karenromanchuk)

Friday & Saturday

Oct. 14<sup>th</sup> & Oct. 15<sup>th</sup> 6pm . 9pm

#### **Dan Reeder**

Folk/Country

Friday, Oct. 21<sup>st</sup> 6pm . 9pm

#### **Dale Ketcheson**

Classical Guitar

[www.uleth.ca/music-conservatory/dale-ketcheson](http://www.uleth.ca/music-conservatory/dale-ketcheson)

Saturday, Oct. 22<sup>nd</sup> 6pm . 9pm

#### **Tristan Skretting**

Winner of the Lethbridge Has

Talent Contest 2011

Country Rock Singer Songwriter

Friday & Saturday

Oct. 28<sup>th</sup> & Oct. 29<sup>th</sup> 6pm-9pm

#### **The Herb Hicks Jazz Quartet**

Featuring Singer

Sheena Lawson



### Friday & Saturday Evenings 5- 9pm Locovore 3 Course Prix Fixe Menu

Dine with us Friday & Saturday evenings to enjoy expertly prepared fresh local ingredients. Our Chefs and Culinary Students are developing and preparing unique delicious three course feasts.

#### **September 30<sup>th</sup> & October 1<sup>st</sup> Executive Chef Marc Gedrasik**

Challenge ingredients:

Free Range Duck

Fairwinds Farm Goat Yogurt

#### **October 7<sup>th</sup> & October 8<sup>th</sup>**

#### **Apprentice Chef Anthony Novak**

Anthony almost cut off his thumb and had to have the tendon reattached.

He won't be able to create his exquisite cuisine for you for 6 . 8 weeks :

**Executive Chef Marc will take his place**

#### **Challenge ingredients:**

**We are going to let you vote!!!**

**Ballot Box is by the till**

#### **October 14<sup>th</sup> & October 15<sup>th</sup>**

#### **Sous Chef Katie Overbeeke**

Challenge ingredients:

Mussels

Fresh BC apples

#### **October 21<sup>st</sup> & October 22<sup>nd</sup>**

#### **Sous Chef Lesley Comeau**

The Vegan Challenge:

Lesley's last Vegan menu was a smashing success so she is going to do it again. Lentils, beans & fresh Broxburn Vegetables.

### **Come in Sundays for our Special Breakfast/Brunch Menu**

Thick Cut Vanilla French Toast  
with Berry Compote & Whipped Cream

House made Nitrate Free  
Benchmark Beef Corned Beef Hash

**Our Sunday breakfast is served until  
2pm and is the next best thing to  
breakfast in bed.**

### Monthly Wine Tasting

Monday Oct. 3rd 7pm-8pm  
Wines to pair with holiday feasts  
like turkey

*Hosted by  
Kyle Baines  
Andrew Hilton  
Wine & Spirits*

\$20.00 per person Includes wine  
samples & appetizer buffet

**Wine tastings are the first  
non-holiday Monday  
of every month.  
Reservations Recommended**

### Mocha News

Katie Overbeeke has been promoted to Sous Chef. Congratulations Katie.

We are all excited that our fabulous red headed server Brittany Lowry is going to have a baby! Congratulations to the new mother-to-be.

Time flies. Hailey Miller's daughter, Ketley, is going to be two years old. Oh my, the terrible twos! watch out Hailey!

Apprentice Chef Sarah Hartland has returned to work from a medical leave. We are happy to have her back.

Now Apprentice Chef Anthony is off for at least 6 weeks while his hand heals. Speedy recovery!!

Server Jordy has received her Hair Styling Diploma. Way to go Jordy!

We welcome Dean Pederson to Mocha. Staff comment that he is one of the best dishwashers we have ever had.

## Join our Facebook Group

facebook.com/mocha.cabana1



Our Friends on Facebook are the first to hear about entertainment, dining features and special events. You can ask questions, post comments, enter our contests and receive discount offers.

Disclaimer: We are not responsible for hunger pangs, drooling and food cravings resulting from viewing the photos of our Chefsfantastic food.

Now you can follow our entertainment, dining features and events on Twitter!  
tweet tweet

twitter



## How to Plan a Christmas Party

A successful party lives on in everyone's memory long after the last glass of punch has been sipped and the last bite of dessert eaten. But the fuss and frustration of planning can be a big party pooper. All the details -- What kind of party should I have? How should I decorate? When will I get time to clean the house? What do I serve? -- can make even the most experienced host or hostess stressed.

So why stress? Let us look after the details for you. Call 329-6243 to have Karen or Lynn plan the best and easiest Christmas Party you will ever have.



Mocha will feature the art of Peter Dyk & Jackie Thibodeau during this event. Support local art by stopping by to see their work. SACN has a 10% discount on food & beverage orders at Mocha

## We're open every day

Mon - Thur 7 am - 9 pm  
 Friday 7 am - 10 pm  
 Saturday 8 am - 10 pm  
 Sun & Holiday 9 am - 4 pm

Join the Mocha Page on Facebook and stay connected

Visit our website for events, entertainment and our menu  
[www.mochacabana.ca](http://www.mochacabana.ca)

The markets are down, then up, down some more, up again...  
 What is going on? Have you heard from your financial advisor?



**DON'T DELAY, GET A SECOND OPINION NOW!**

Lynn Pearson & Karen Ohno Wealth Advisors

lynn\_pearson@scotiamcleod.com karen\_ohno@scotiamcleod.com

(403) 317-4836 (403) 317-4840

319 - 4<sup>th</sup> Street South, Lethbridge, AB "right next door"

*We help our clients achieve peace of mind by providing trusted advice and personalized solutions to meet their financial goals.*

6	1						
			8	1		9	7
		4					8
		8	2	7			
	9	5			3	2	
		6	3	5			
2				6			
1	6		9	7			
						6	9

Daily SuDoku: Wed 28-Sep-2011 hard



# Mocha cabana

Coffee lounge & Wine bar

*"not far away, just far enough"*

317 4<sup>th</sup> St. S.

Lethbridge, AB T1J 1Z9

Phone: (403) 329-6243

email: [mochacabana@shawbiz.ca](mailto:mochacabana@shawbiz.ca)

*We will be closed on Thanksgiving Day, Monday October 10<sup>th</sup> to give our staff the opportunity to enjoy the day with their families.*