

Mocha News

September 2011



Mocha Cabana

Keep smiling, it makes people wonder what you're up to.

- Wireless Internet access

"not far away, just far enough"

Entertainment

September 3rd 6pm - 9pm

O'Reely

Rollicking Celtic music



Friday, Sept. 9th 6pm . 9pm

Saturday, Sept. 10th 6pm - 9pm

Dale Ketcheson

Classical & Jazz Guitar

www.uleth.ca/music-conservatory/dale-ketcheson

Friday, Sept. 16th 6pm . 9pm

Saturday, Sept. 17th 6pm - 9pm

James Oldenberg

Popular music

www.myspace.com/jamesoldenburg

Friday, Sept. 23rd 6pm . 9pm

Saturday, Sept 24th 6pm - 9pm

The Herb Hicks Jazz Quartet



Friday, Sept. 30th 6pm . 9pm

Alyssa McQuaid

Country/Rock Singer & Songwriter

www.myspace.com/alyssamcquaid

Saturday, Oct. 1st 6pm - 9pm

O'Reely

Rollicking Celtic music & song

Friday, Oct. 7th 6pm . 9pm

Kelly Tschritter

Folk singer & songwriter

www.myspace.com/officialkellytschritter

Saturday, Oct. 8th 6pm - 9pm

Karen Romanchuk

Country Singer & Song Writer

www.myspace.com/karenromanchuk

Friday & Saturday Evenings 5- 9pm Locovore 3 Course Prix Fixe Menu

We invite you to dine with us Friday and Saturday evenings to enjoy expertly prepared fresh local ingredients. Our Chefs and Culinary Students are taking turns developing and preparing unique and delicious three course feasts.

September 9th & 10th

Apprentice Chef Anthony Novak

Challenge ingredients:

Turkey

Taber Corn

September 16th & 17th

Associate Chef Katie Overbeeke

Challenge ingredients:

Broek Pork Acres Pork

Broxburn Tomatoes

September 23rd & 24th

Sous Chef Lesley Comeau

The Greatest Challenge:

Vegetarian/Vegan that anyone will eat
Lentils, bean, vegetables, plant based
local ingredients

September 30th & 31st

Executive Chef Marc Gedrasik

Challenge ingredients:

Free Range Duck

Fairwinds Farm Goat Cheese & Yogurt

Wednesday Sept. 14th Think Pink for Breast Cancer

Please support Breast Cancer research by purchasing our Think Pink Cupcakes+ on Sept. 14th. Cupcake sales for the day will be donated to Run for the Cure+ on October 2nd.



Mocha owners, Karen Ohno & Lynn Pearson from ScotiaMcLeod will make a matching donation.

GOAL \$ 1, 2 0 0

300 cupcakes X \$2 = \$600

ScotiaMcLeod matching = \$600

Monthly Wine Tasting

Monday Sept. 12th 7pm-8pm
Wines to pair with spicy foods
and BBQ

*Hosted by
Kyle Baines
Andrew Hilton
Wine & Spirits*

\$20.00 per person

Tickets include wine samples
and appetizer buffet

**Wine tastings are the first
non-holiday Monday
of every month.
Reservations Recommended**

Only 4 1/2 Months to Christmas... Oh my! Have you booked your staff Christmas Party?

- The restaurant is available for large or small groups.
- For full dinner parties or cocktail receptions
- We offer both plated and buffet dinners.
- We can also cater a hors d'oeuvre buffet to your business or home.

For more details talk to
Karen or
Executive Chef Marc
(403) 329-6243

or email mochacabana@shawbiz.ca



Join our Facebook Group

facebook.com/mocha.cabana1



Our Friends on Facebook are the first to hear about entertainment, dining features and special events. You can ask questions, post comments, enter our contests and receive discount offers.

Disclaimer: We are not responsible for hunger pangs, drooling and food cravings resulting from viewing the photos of our Chefsfantastic food.

Now you can follow our entertainment, dining features and events on Twitter!
tweet tweet

twitter



Our new neighbors are having their Grand Opening!

**LETHBRIDGE FIRE HEADQUARTERS
--- STATION ONE ---**

September 21, 2011
Ceremony 9 . 10 am
Open House 10 am . 12 pm



Mocha will feature the art of Peter Dyk & Jackie Thibodeau during this event. Support local art by stopping by to see their work. SACN has a 10% discount on food & beverage orders at Mocha

We're open every day

Mon - Thur 7 am - 9 pm
Friday 7 am - 10 pm
Saturday 8 am - 10 pm
Sun & Holiday 9 am - 4 pm

Join the Mocha Page on Facebook and stay connected

Visit our website for events, entertainment and our menu
www.mochacabana.ca

The markets are down, then up, down some more, up again...
What is going on? Have you heard from your financial advisor?



DON'T DELAY, GET A SECOND OPINION NOW!

Lynn Pearson & Karen Ohno Wealth Advisors

lynn_pearson@scotiamcleod.com karen_ohno@scotiamcleod.com

(403) 317-4836 (403) 317-4840

319 - 4th Street South, Lethbridge, AB "right next door"

We help our clients achieve peace of mind by providing trusted advice and personalized solutions to meet their financial goals.

3	7	4	5	1	2	9		
5	9				6			
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	5	9		6	3	1	2	7

Daily SuDoku: Mon 5-Sep-2011 easy



Mocha cabana

Coffee lounge & Wine bar

"not far away, just far enough"

317 4th St. S.

Lethbridge, AB T1J 1Z9

Phone: (403) 329-6243

email: mochacabana@shawbiz.ca

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available weekly at Mocha